

## Community Career Resource List

(Updated September 2020)

### **Avivo**

1900 Chicago Avenue, Minneapolis, MN 55404

612-752-8000

[contact@avivomn.org](mailto:contact@avivomn.org)

<https://avivomn.org/>

Avivo's mission is to increase well-being through recovery and career advancement while working to end homelessness. With many locations throughout Minnesota, Avivo provides chemical and mental health services, career education, and employment services to individuals who face significant challenges to employment and stability. Counselors pair career services with a wellness approach to meet participants' unique needs.

Participants can also gain access to Avivo's Job Portal that showcases current job openings as well as workshops on mock interviewing, careers by industry, workplace expectations, and more. Avivo also offers industry-specific career education and technical training programs.

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### **Career Counseling and Assessment Clinic – University of Minnesota**

N555/N589 Elliott Hall, Department of Psychology

75 East River Road, Minneapolis, MN 55455-0344

612-625-1519

[ccac@umn.edu](mailto:ccac@umn.edu)

<http://www.careercounseling.umn.edu>

The Career Counseling and Assessment Clinic is a nonprofit clinic that has been helping individuals of all ages in the Twin Cities and surrounding communities with their career transitions since the 1970s. With the primary intention of helping to inform clients' career decisions, the Career Counseling and Assessment Clinic provides a package of 4 to 5, 50-minute career counseling sessions with a focus on the assessment of work interests, personality characteristics, work values, and abilities.

Depending on individual needs and goals, counselors work collaboratively with clients to better understand:

- their work-related likes and dislikes
- their personality characteristics that influence work-related comfort, satisfaction, and success
- the importance of various work environment characteristics to their job satisfaction
- their work-related abilities
- suitable occupational areas to further explore

- sources of information about work environments
  - resources and challenges in their career decision-making
  - helpful next steps in their decision making
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### **East Side Neighborhood Services**

1700 Second Street NE, Minneapolis, MN 55413

612-781-6011

[agencyinfo@esns.org](mailto:agencyinfo@esns.org)

<https://www.esns.org>

East Side Neighborhood Services (ESNS) is a nonprofit human services agency that provides basic needs resources and social services to individuals, families, and neighborhoods primarily located in Northeast and Southeast Minneapolis. Its purpose is to assist people of all ages and backgrounds in realizing a higher quality of life.

ESNS provides employment and training services for youth (Youth Works for 14-21), adults (Minneapolis Works for 18+), and seniors (SCSEP for 55+). Eligibility requirements for each program vary. Visit the website for more information about each of their programs.

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### **Jewish Family Service of St. Paul**

1633 West 7<sup>th</sup> Street, St. Paul, MN 55102

(651) 698-0767

[info@jfssp.org](mailto:info@jfssp.org)

<https://jfssp.org>

Inspired by Jewish values, Jewish Family Service (JFS) assists individuals and families by helping them build on their strengths to develop the skills and confidence to meet life's challenges with dignity.

JFS services help vulnerable seniors, hard-working families, new arrivals, and others in our community live with dignity as they cope with life's challenges.

The JFS Employment Services professionals help people find and keep jobs, develop long-term career plans, and enhance their skills. Services include skills assessment, career planning, resume preparation, job search assistance, interview skills, and post-placement support.

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### **Minnesota Career Development Association (MCDA)**

<http://mcda.net/job-seeker-tools>

The Minnesota Career Development Association is a professional organization for career development professionals. They maintain a page on their website with tools for job seekers, including career exploration and job search websites, as well as a directory of career coaches in Minnesota.

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### **Minnesota CareerForce Centers**

332 Minnesota St., Suite E200, St. Paul, MN 55101

(651) 259-7501

[CareerForce@state.mn.us](mailto:CareerForce@state.mn.us)

<https://www.careerforcemn.com/>

CareerForce Centers help job seekers find employment, help businesses find workers, and help anyone at any stage explore, and plan careers. There are nearly 50 CareerForce Centers statewide that offer workshops, training, networking, and job clubs.

Current or former military members, no matter the era of service, receive priority services in all CareerForce centers across the state. Specialized services are also available for blind or visually impaired clients as well as people with disabilities.

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### **Minnesota Job Partners**

2829 University Avenue SE, Suite 100, Minneapolis, MN 55414

(612) 676-3710

<https://www.jobpartners.org/>

Minnesota Job Partner's Dislocated Workers Program provides assistance to workers who are laid off through no fault of their own. Using state and federal funds, they provide free career counseling, education, and financial support to those in career transition.

This program is focused on improving outcomes for populations facing barriers to employment; specifically, women, people of color, immigrants, LGBTQ individuals, veterans, and people with disabilities.

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### **SHIFT**

7809 Southtown Center, #376, Bloomington, MN 55431

[info@shiftonline.org](mailto:info@shiftonline.org)

<http://shiftonline.org>

As a community for people during midlife who are navigating work/life transitions, SHIFT helps its members create pathways to meaningful and sustainable lives. The organization offers a variety of events and programs, including small-group discussion circles, forums on midlife transition topics, workshops, and more.

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### **Women Venture**

2021 E Hennepin Ave, Suite 200, Minneapolis, MN 55413

(612) 224-9540

<https://www.womenventure.org>

WomenVenture is a leader in providing the tools and support to help you start and grow your business, find a new job, or develop a new career path. They offer help on how to launch a business, how to grow or enhance your business, how to manage your finances, how to explore career options, and much more!